

WAAR Girls' Basketball League

2022-23 RULES

THE LEAGUE WILL FOLLOW PIAA HIGH SCHOOL RULES EXCEPT:

- 1) Special Notes and Definitions for 4th and 5th grades.
 - A) Opposing players in close proximity to a rebound may make an attempt at securing the ball; however, once clear possession has been established on a rebound or turnover, the defense must retreat to mid-court.

An ***ORGANIZED PRESS*** is any pressure in the back court where the offensive team is taking the ball from out of bounds in the backcourt: *Made basket, time out, foul, out of bounds etc..*
 - B) There will be no organized press in 4th grade until the final 1 minute of play and/or final 1 minute of overtime.
 - C) There will be no organized press in 5th grade except in the final five minutes of each half.
 - D) When an organized press is allowed, there are no restrictions.
 - E) Organized presses are allowed for 6th-8th grades.
- 2) In 4th grade, the free throw shooter is allowed to land across the free throw line but can't be the first to touch the ball on a miss. Players may enter the lane when the shot is released in all grades
- 3) There will be no organized press by a team leading by 20 or more points.
- 4) Game Duration
 - a. All games will utilize a running clock until the final minute of each half, including free-throws.
 - b. Games will consist of 20-minute halves
 - c. Overtime will be one minute, stopped clock. If the game is still tied after two overtime periods, the first team to score will be the winner.
- 5) There will be 2 full timeouts and 2 thirty second timeouts per team per game (each team gets one 30 second timeout per overtime period).
- 6) Basketball size 28.5"
- 7) Due to gym limitations and coordination with officials, all games are to be played as scheduled when the final season schedule is published at the beginning of the season. Cancellations must be agreed to

by both coaches **and WAAR** no less than 24 hours prior to game time. Failure to show up for a scheduled game will result in a forfeit for the offending team. We understand that extenuating circumstances can occur and exceptions to the forfeit rule will be considered on a case basis.

- 8) Any disputes during a game must be noted in writing by both coaches and reported to WAAR as soon as possible, but not more than 24 hours after the conclusion of the game. WAAR will be the final arbiter of disputes.
- 9) Only one person/coach standing per team. Only the HEAD COACH may speak with referees. Coaches are not permitted past half court or on the court area during play.
- 10) Mercy Rule: Continuous running clock for leads above 20 points in the second half. Clock stops at normal intervals when the lead drops to 15 points or below.
- 11) Conduct Rule: Any coach or player ejected from a game will be suspended for two games. Second incident will result in disqualification from the League for the remainder of the season.
- 12) A "Zero Tolerance" policy will be enforced for all parents and coaches. Any behavior deemed unsportsmanlike by the officials will be immediately addressed. One warning will be given followed by ejection from the gym.

League Contacts:

Drew Polczynski, President

WAAR

412.414.6861 / 724.244.0646

drew@westmorelandathletics.org

www.westmorelandathletics.org

Sara Larkin, Scheduling Coordinator

WAAR

412.398.2031

sara@westmorelandathletics.org

www.westmorelandathletics.org

Rick Thomas, Director

Erudite Basketball

724.309.5824

rjt1338@yahoo.com

www.eruditebasketball.com