

WAAR Girls Basketball 2024-25 Season Rules



THE LEAGUE WILL FOLLOW PIAA HIGH SCHOOL RULES EXCEPT:

- 1) Special Notes and Definitions for 3rd through 5th grades.
 - A) Opposing players in close proximity to a rebound may make an attempt at securing the ball; however, once clear possession has been established on a rebound or turnover, the defense must retreat to mid-court.

An **ORGANIZED PRESS** is any pressure in the back court where the offensive team is taking the ball from out of bounds in the backcourt: *Made basket, time out, foul, out of bounds etc..*
 - B) There will be no organized press in 3rd and 4th grade until the final 1 minute of play and/or final 1 minute of overtime.
 - C) There will be no organized press in 5th grade except in the final five minutes of each half.
 - D) When an organized press is allowed, there are no restrictions.
 - E) Organized presses are allowed for 6th-8th grades.
- 2) In 3rd and 4th grade, the free throw shooter is allowed to land across the free throw line but can't be the first to touch the ball on a miss. Players may enter the lane when the shot is released in all grades
- 3) There will be no organized press by a team leading by 15 or more points.
- 4) Game Duration
 - a. All games will utilize a running clock until the final minute of each half, including free-throws.
 - b. Games will consist of 20-minute halves
 - c. Overtime will be one minute, stopped clock. If the game is still tied after two overtime periods, the first team to score will be the winner.
- 5) There will be 3 full timeouts per team per game (each team gets one 30 second timeout per overtime period).
- 6) Basketball size is 28.5".

7) FOULS

- a. Two free throws will be awarded at ten fouls in a half. One and one is no longer in effect.
- b. Players will be disqualified when committing 6 fouls in the same game.
- c. For grades 5 and below, if a player's disqualification would result in fewer than five players on the court, that player may remain in the game. However, every successive foul will result in an automatic one point for the opponent, the individual fouled will receive a free throw attempt, and the team which was fouled will retain (or be given) possession of the ball.

8) Only one person/coach standing per team. Only the HEAD COACH may speak with referees. Coaches are not permitted past half court or on the court area during play.

9) Mercy Rule: Continuous running clock for leads above 20 points in the second half. Clock stops at normal intervals when the lead drops to 15 points or below.

10) Conduct Rule: Any coach or player ejected from a game will be suspended for two games. Second incident will result in disqualification from the League for the remainder of the season.

11) A "Zero Tolerance" policy will be enforced for all parents and coaches. Any behavior deemed unsportsmanlike by the officials will be immediately addressed. One warning will be given followed by ejection from the gym.

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